

# NATUROPATHIC SYMPOSIUM 2025

## Shaping the Future of Health – 3-4 May

### Sydney Masonic Centre, Sydney

## Abstracts Close – 28 October, 2024

## Abstract Submission Guide

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**All abstract submissions should align with one or more of the following sub-themes:**

***Clinical Insights:*** Traditional and innovative approaches in the prevention of chronic disease progression in clinical practice, drawing from traditional practices and current research. Case studies, case series or observational cohort studies, especially those which provide in depth review of the patient/population over a prolonged period and discuss the rationale for treatment and outcomes, are valued. Initiative using innovative approaches that utilise technology or programs that will help shape the future of health will be prioritised.

Innovative and clinically applicable approaches to specific health conditions or population groups, drawing on clinical experience, traditional practice and current research. Case studies are valued, especially those providing in-depth review of the patient/s over a prolonged period and discuss the rationale for treatment and outcomes.

***Business and Practice Insights:*** traditional and innovative approaches to business and clinical practice, including adapting to changed practice requirements, crisis management and recovery.

Innovative and insightful approaches that can assist in the develop of business and clinical practice; this may encompass strategies or programs to enhance clinic management, organisational framework, business marketing, financial planning, and best quality patient care alongside practitioner self-care for the future of health.

***Environmental Health and Sustainability:*** Practical evidence-based and ethical strategies that support practitioners in making informed decisions in day-to-day practice about reducing the environmental impacts (and climate change) associated with prescribing herbal and nutritional medicines.

***Research:*** Projects\* that provide insight into the broader field of herbal medicine and naturopathy, including clinical studies evaluating the quality, efficacy and safety of treatments (including dietary and lifestyle interventions), health services provision, patient education, and contribution to healthcare systems .

*\* Projects that have been completed, published and/or under peer review will be prioritised for inclusion*

***Public Health and Policy:*** Traditional insight and contemporary innovative policy approaches to public health provision, regulation and issues facing the professions of herbal and naturopathic medicine, both nationally and globally to further health practices in the future.

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**Abstract submissions are invited for the following presentation types:**

***Individual Oral Presentation:*** Presentation of information by one speaker (Duration: 30 minutes)

***Interactive Workshop:*** An interactive session designed to enhance skills and knowledge of participants facilitated by topic experts. There must be a large component of attendee interaction contained within this workshop – please note this is not a presentation but a hands on or interactive session (Duration: 60 minutes; Facilitators: 1-2 recommended; Number of participants; Up to 50)

***Poster Presentation:*** Presentation of information by an individual, displayed on an A0 size (1189mm tall x 841mm wide) poster in a dedicated area of the venue. The presenter will make themselves available to discuss their poster with delegates during the lunch break on both days.

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**Abstract Formats**

For ***clinical or non-research abstracts***, the format is: Sub-Theme, Presentation Type, Abstract Title, Introduction/Background, Case summary or Discussion focus, Outcomes, Implications/Conclusion.

For ***research abstracts*** the format is: Sub-Theme, Presentation Type, Abstract Title, Introduction/Background, Methods, Results, Discussion/Conclusion.

For ***workshop abstracts*** the format is: Sub-Theme, Presentation Type, Abstract Title, Introduction/Background, Focus of workshop, Interaction component, Implications.

For ***posters*** the format is: Sub-Theme, Presentation Type, Abstract Title, Introduction/Background, Methods, Discussion, Outcomes/Implications

**Abstract Submission Guidelines**

- All abstracts to be submitted via this link – [Submit Your Abstract](#)
- All abstracts and presentations must be submitted in English.
- Abstract title to be a maximum of 50 words.
- Abstracts have a maximum of 300 words.
- Author information **is not to be included anywhere in your abstract**. This includes any information that will clearly identify you to the reviewers.
- No citations to be used in the abstract.

- Abstracts must be structured and follow the prescribed formats listed.
- **Terms and conditions at the end of this document** contain important information for you to understand.

IMPORTANT: Failure to observe any of the above submission guidelines including the terms and conditions on the last page of this document will result in your abstract not being included in the judging process for the symposium.

### **Conflicts of interest**

It is important that authors indicate, at the time of the submission, if they have any actual, potential or perceived conflicts of interest associated with the abstract content. Failing to declare at the time of the submission could see the topic and speaker removed from the Symposium program.

### **Presenting Author Biographies**

Author biographies to be a maximum of 100 words and should be written in the third person. The biography should contain information about your position, career history and professional achievements. Please refrain from using bullet points.

### **Author Photo**

Please submit a photo of yourself. This photo is to be a head and shoulders shot only at high resolution in either PNG or JPG format only.

### **Abstract Templates**

We encourage you to follow the appropriate template located in the next section to structure your abstract proposal

### **Abstract Evaluations**

Abstracts will be evaluated based on the information included within the abstract and need to be based on available data.

Abstracts will be de-identified and peer reviewed. The process is governed by the Symposium Program Committee. The Program Committee members include Sarah Christensen, Kathleen Murphy, David Casteleijn, Joanna Harnett, and Regina Lasaitis. A reviewers committee comprised of 40-50 volunteer academics and professional members will be assigned abstracts to peer review for suitability and inclusion in the symposium.

### **Abstract Submission Deadline:**

The deadline for submitting completed submissions is 28 October, 2024. Please note that any abstracts submitted after this date will not be accepted for the symposium.

Abstracts will be selected by the Program Committee for an oral presentation, poster or workshop and all authors will be notified by 16 December, 2024 as to the outcome of their application.

***The following pages contain the templates to be used for your abstract submission. Please use the template below relevant to your presentation type***

**Use this template/format if you are submitting an Abstract for  
CLINICAL / NON RESEARCH PRESENTATIONS**

**TITLE:** Be as descriptive as possible

**INTRODUCTION/BACKGROUND:** In this section you provide some context to the importance and relevance of your case / topic. You also need to highlight where work has been done in this area, where current practice approaches may be situated and emphasise the value of your presentation to expand clinical understanding or management of patients.

**CASE SUMMARY:** Provide a summary of the main details of the case as most relevant to the key learning points. Less important information can still be included in your presentation but does not need to be in the abstract. These details can be presented in 2-3 sentences. Summarise the outcomes of the case in relation to the main learning points. These details can be presented in 2-3 sentences.

**OR**

**FOCUS OF DISCUSSION:** Provide a general overview of what you intend to present and the main point that you will be focussing on. Then provide some extra detail on the process you have undertaken to reach the point of presentation. These details can be presented across 2-3 sentences.

**IMPLICATIONS:** This is where you emphasise the importance of your topic and the clinical relevance of what you have presented. Outline the 'take home' messages to the intended audience.

*WORD LIMIT: 300*

**Use this template/format if you are submitting an Abstract for**  
**RESEARCH PRESENTATIONS**

**TITLE:** Be concise and state exactly what your study is about and include the study design in the title if possible.

**INTRODUCTION/BACKGROUND:** In this section you provide some context to the importance of your topic. You also need to highlight where work has been done in this area, but also emphasise the value of your research. This section should be 2-3 sentences.

**METHODS:** Provide details of the study design, methodology, sample, analysis and other information relevant to the study. This section should be 2-3 sentences.

**RESULTS:** State the main findings of your study in order of priority. Where layers of analysis have been undertaken state the main findings of each layer in turn. Do not feel you need to present all results in the abstract, just the most interesting findings.

**DISCUSSION/CONCLUSION:** This is where you emphasise the importance of your research project and the results you have presented. Outline the 'take home' messages to the intended audience.

*WORD COUNT: 300 words*

**Use this template/format if you are submitting an Abstract for  
WORKSHOPS**

**TITLE:** Be as descriptive as possible.

**INTRODUCTION/BACKGROUND:** In this section you provide some context to the importance of your topic and emphasise the value of your intended workshop.

**WORKSHOP TOPIC:** Describe the knowledge/skill which will be covered in the workshop and its relevance to herbalists/naturopaths.

**LEARNING OBJECTIVES OF WORKSHOP:** Describe 3-4 key learning objectives of the workshop.

**INTERACTION SECTION:** Describe what and how you will have the audience interacting in your workshop.

**TAKEAWAYS:** This is where you emphasise the importance of your workshop and the knowledge/skill you have presented . Outline what participants will be able to "take home" to their practice from this workshop.

*WORD LIMIT: 300*

**Use this template/format if you are submitting an Abstract for a  
POSTER PRESENTATION**

**TITLE:** Be as descriptive as possible.

**INTRODUCTION/BACKGROUND:** In this section you provide some context to the importance and relevance of your topic. You also need to highlight where work has been done in this area, where current practice approaches may be situated and emphasise the value of your presentation.

**METHODS:** (If relevant, for research poster presentations): Provide details of the study design, sample, analysis and other information relevant to the study. Simply state what was done. This section should be 2-3 sentences

**DISCUSSION:** Provide a general overview of what you intend to present and the main point that you will be focussing on. then provide some extra detail on the process you have undertaken to reach the point of the presentation. These details can be presented across 2-3 sentences.

**OUTCOMES / IMPLICATIONS:** This is where you summarise the outcomes / emphasise the importance of your topic and the clinical relevance of what you have presented. outline the 'take home' messages to the intended audience.

*WORD LIMIT: 300*

### **Terms and Conditions**

- All abstracts must be received by the advertised closing date.
- It is a condition of acceptance that all presenters (including co-presenters) must be registered and paid by 11 February, 2025.
- Please ensure your submission is accurate and clear. NHAA cannot accept responsibility for errors or omissions in the published submissions - it is your responsibility to ensure the final abstract is proofread before submitting.
- Abstracts submitted for presentation at the NHAA Naturopathic Symposium 2025 must not have been presented elsewhere unless agreed by the conference organiser prior to submission.
- Presenters must be available to present on any of the conference days, as assigned by the Program Committee.
- Incomplete or incorrect submissions will not be considered.
- Abstracts will be considered for all presentation formats, and may be accepted as a different format than that preferred in the submission.
- There is no limit to the number of abstracts that can be submitted, however there will be a maximum of 2 presentations accepted for any submitter. If more than 2 submissions are accepted under blind review, the committee will have the discretion to determine which submissions will be presented.
- Presentations at the conference will be recorded and recordings will become property of NHAA.