



Herbal Medicine Summit & Centre of Wellness Stage Program

DAY 1 - SATURDAY - 25 MAY

8:00	Registration and Exhibitor showcase open - Wandiny Room		
8:15 - 8:45	ENERGISER: Get your body and mind ready for the day with a 30min Qigong session - Centre of Wellness Stage - facilitated by local Qigong Master Instructor Michelle Greene		
9:00 - 9:30	Summit Opener / Overview, Presidents Address - Hannah Boyd - Minyama Room 1		
9:30 - 10:30	Keynote Presentation - Dr Marc Cohen - Ancient future Medicine: Reimagining Traditional Medicines with Modern Science - Minyama Room 1		
10:30 - 11:00	Morning Tea in the Exhibitor Showcase		
10:40 - 10:55	ENERGISER: Mindfulness exercise - brought to you by FxMedicine - Centre of Wellness Stage		
	Minyama Room 1	Minyama Room 2	
11:00 - 12:00	Justin Sinclair <i>Cannabis ethnopharmacology: From the Neolithic to Now</i>	Rhiannon Hardingham <i>Understanding contemporary herbal medicine for hormonal health</i>	Enhancing Microbiota - Polyphenol Transformations to improve Clinical Outcomes Facilitator: Dr Jason Hawrelak
12:00 - 13:00	Justin Sinclair, Dr Janet Schloss & Dr Marc Cohen <i>Panel Discussion on Practicalities of Cannabis and how our patients access support - Facilitated by Kathleen Murphy</i>	Dawn Whitten & Rachel Arthur <i>Thoughts on Brokenness versus resilience</i>	Tools of the Trade - How to Percolate, Macerate, Infuse & get Inspired Facilitators: Renae Scott & Jo Morgan
13:00 - 14:00	Lunch in the Exhibitor Showcase		
13:10 - 13:20	A range of special 10min Sponsor sessions - Centre of Wellness Stage		
13:25 - 13:35			
13:40 - 13:50			
14:00 - 15:00			
15:00 - 16:00	Michelle Boyd <i>Infusions: A Lost Art?</i>	Amy Sartorel <i>Sounds from the Ground – A Herbal Soundscape</i>	Enhancing Microbiota - Polyphenol Transformations to improve Clinical Outcomes Facilitator: Dr Jason Hawrelak
16:00 - 16:30	Afternoon Tea		
16:00 - 16:30	ENERGISER: Ever taken part in a Laughter Yoga session? - Here's your chance - Centre of Wellness Stage - facilitated by local instructor - Po Mei Kwong		
16:30 - 17:30	Pearls of Practice - Round Table Group Mentoring Session - go to the Pearls of Practice page to find out more and book!		
17:30 - 18:30	Pathways to Success - A special panel discussion of industry professionals discussing Naturopathic and Herbalist life after graduation - If you're a student or new grad, this one's for you!		
17:30 - 19:30	'Let's Connect' - 2 hour - Complementary Networking Cocktails and Canaps		

DAY 2 - SUNDAY - 26 MAY

8:00	Exhibitor showcase open		
8:15 - 8:45	ENERGISER: Get your body and mind ready for the day with a 30min Qigong session - Centre of Wellness Stage - facilitated by local Qigong Master Instructor Michelle Greene		
9:00 - 10:00	Ian Breakspear, Sally Kingsford-Smith <i>Panel discussion - From Drops to Lots - Perspectives on Herbal Dosage - Facilitated by Hannah Boyd</i>		
10:00 - 10:30	Morning Tea		
10:10 - 10:20	A special 10 min Sponsor session - Centre of Wellness Stage		
10:30 - 11:30	Dr Hope Foley <i>Evolution of practice, maintenance of tradition</i>	Monica Franca <i>Growing a resilient future of herbal medicine</i>	Spice & Savour, Fragrance & Flavour Facilitator: Gem Nettle
11:30 - 12:30	Kerrie Oakes <i>Herbs of Hope: Stories of Community Herbalism</i>	Dr Michael Thomsen <i>Translational Medicine for Natural Products</i>	Spice & Savour, Fragrance & Flavour Facilitator: Gem Nettle
12:30 - 13:30	Lunch		
12:40 - 12:50	A range of special 10min Sponsor sessions - Centre of Wellness Stage		
12:55 - 13:05			
13:10 - 13:20			
13:30 - 14:30			
14:30 - 15:00	Closing Remarks and prize draws - Hannah Boyd		