

NATUROPATHS & HERBALISTS ASSOCIATION OF AUSTRALIA
 NATUROPATHIC SYMPOSIUM 2023
 SATURDAY MAY 27 & SUNDAY MAY 28

VENUE: PULLMAN MELBOURNE ALBERT PARK

PROGRAM

SATURDAY - 27 MAY

8:00	Registration Desk open		
9:00 - 9:30	Symposium Opening		
9:30 - 10:30	DAY 1 - KEYNOTE - Grand 1 & 3 Presenter: Sharon Edrich <i>Topic: Informing Science with Practice: A Tale from a Naturopathic Researcher</i>		
10:30 - 11:00	Morning Tea - Served in Exhibitor Showcase		
11:00 - 12:00	DAY 1 - KEYNOTE - Grand 1 & 3 Presenters: Dr Sue Evans and Dr Joanna Harnett + Facilitator <i>Topic: The Impact of Science on Herbal Medicine</i>		
12:00 - 13:00	Lunch - Served in Exhibitor Showcase		
	Stream 1 - Grounded in Practice - Grand 1 & 2	Stream 2 - Grounded in Science - Grand 3 & 4	Stream 3 - Grounded in Tradition - Grand 5
13:00 - 13:30	TITLE: Naturopathic management of clinical complexity Presenter: Ms Kim Graham	TITLE: Naturopathy for supportive care of cancer patients: An expert Panel Presenters: Assoc Prof Greg Connolly, Dr Janet Schloss & Ms Tanya Wells	TITLE: The Missing Piece of the puzzle: why not prioritising patient rapport could be holding you back as a clinician Presenter: Dr Laura Gale
13:30 - 14:00	TITLE: Clinical Insights into the Herbal management of post-pill acne Presenter: Ms Norelle Hentschel		TITLE: Standardising patient data collection for a publishable case series Presenter: Ms Vanessa Vigar
14:00 - 14:30	TITLE: "I Can Only Eat Five Foods" - Working with Mothers on Exclusion Diets Presenter: Ms Dawn Whitten	TITLE: Having the Conversation about 'How' - Patient Centred Prescriptions Presenter: Ms Rachel Arthur	Workshop: The Trials & Tribulations of Designing and Running Collaborative Clinical Trials Presenters: Mr Ian Breakspear & Assoc Professor Matthew Leach
14:30 - 15:00	TITLE: Conception through a queer lens Presenter: Ms Sage King		
15:00 - 15:30	Afternoon Tea - Served in Exhibitor Showcase		
15:30 - 15:40	TITLE: The role of whole-system naturopathy for improved pregnancy rates Presenter: Ms Alison Maunder	TITLE: Clinical impact of antimicrobials on the Microbiome Presenter: Dr Brad Leech	Workshop: AJHNM mentor program: Opportunities for mutual learning, expansion of networks and other benefits for participants Presenter: Dr Susan Arentz, Dr Joanna Harnett, Dawn Whitten, Ian Breakspear
15:40 - 15:50			
15:50 - 16:00	TITLE: Preconception care knowledge and practice of naturopaths Presenter: Ms Cherie Caut		
16:00 - 16:10			
16:10 - 16:20	TITLE: Pre-clinical research - friend or foe of naturopathy? Presenter: Dr Andrea Bugarcic	TITLE: Clinical Insights: Stealth viruses associated with chronic fatigue Presenter: Ms Amina Eastham-Hillier	
16:20 - 16:30			
16:30 - 16:40	TITLE: Kyolic Aged Garlic Extract improves arterial stiffness Presenter: A/Prof Dr Karin Ried	TITLE: Black Pepper: An Under-Utilised Therapeutic Agent Presenter: Dr Jason Hawrelak	TITLE: Tradition as a living system: A framework to bridge traditional knowledge with contemporary needs Presenter: Dr Hope Foley
16:40 - 16:50			
16:50 - 17:00	TITLE: Paternal preconception health and care: Naturopaths supporting males before they have children Presenter: Tristan Carter		
17:00 - 17:10			
17:10 - 17:20	TITLE: Are patients telling naturopaths about their conventional medicine use? Presenter: Dr Amie Steel	TITLE: Chronic Kidney Disease in Clinic - Phytomedicines to address a silent epidemic Presenter: Ms Kristin Gilmour	TITLE: Pharmacovigilance and the safe use of modern Complementary Medicines in Australia Presenter: Ms Antoinette Schulz
17:20 - 17:30			
19:30 - 23:30	NHAA Awards for Excellence Grand 1 & 2 Pullman Albert Park		

SUNDAY - 28 MAY

8:00	Registration Desk open		
9:00 - 10:00	DAY 2 KEYNOTE - Grand 1 & 3 Presenters: Jane Hutchens <i>Topic: A Women's Mind: The Path from Puberty to Midlife</i>		
10:00 - 10:30	DAY 2 KEYNOTE - Grand 1 & 3 Presenter: Prof. Kerry Bone <i>Topic: An update on the role of herbs and phytonutrients in acute and long COVID</i>		
10:30 - 11:00	Morning Tea - Served in Exhibitor Showcase (Room turned around for break-outs)		
	Stream 1 - Grounded in Research - Grand 1 & 2	Stream 2 - Grounded in Science - Grand 3 & 4	Stream 3 - Grounded in Tradition - Grand 5
11:00 - 11:30	TITLE: The epigenetic effect of herbs and nutrients to support better patient outcomes for mental health Presenter: Ms Carolyn Ledowsky	TITLE: The Materia Medica of Eros: Herbal medicine practice for sexual desire, arousal and pleasure Presenter: Mr Daniel Robson	WORKSHOP: The "ins and outs" of implementing group naturopathic consultations: an interactive clinical disussion Presenters: Ms Sophia Gerontakos, Ms Hannah Boyd & Ms Ananda Mahony
11:30 - 12:00	TITLE: Developing a Naturopathic Medicine Clinical reasoning framework through qualitative exploration of naturopathic clinical practice and philosophy Presenter: Dr Manisha Thakkar	TITLE: Important clinical factors to consider when identifying and treating those with prediabetes Presenter: Ms Emily Pickering	
12:00 - 12:10	TITLE: Multiple human placebo-controlled trials and independent mechanism of action research confirms herbal medicine traditional use for bladder control and urinary disorders Presenter: Ms Tracey Seipel	TITLE: Thriving in the face of forever chemicals Presenter: Dr Wendy McLean	WORKSHOP: Peri-peri quite contrary. Navigating the hormonal chaos of the perimenopause Presenters: Ms Rhiannon Hardingham & Ms Sandra Villella
12:10 - 12:20			
12:20 - 12:30	TITLE: Plasma and interstitial levels of endocannabinoids and N-acetylanolamines in patients with chronic widespread pain and fibromyalgia Presenter: Ms Inna Kurylandchik		
12:30 - 12:40			
12:40 - 12:50	TITLE: Exploring current challenges and strategies in the management, diagnosis and care for Recurrent Vulvovaginal Candidiasis (RVVC) Presenter: Ms Moira Bradfield Strydom	TITLE: Changing the Tumour Microenvironment - New Phytomedicines Strategies Presenter: Ms Julianne Grant	
12:50 - 13:00			
13:00 - 14:00	Lunch - Served in Exhibitor Showcase (room re-set for closing plenary)		
14:00 - 15:00	DAY 2 CLOSING KEYNOTE - Grand 1 & 3 Special Guest Presenter: Dr Joe Pizzorno ND (Virtual Presentation) <i>Topic: The Interface between tradition, science and practice</i>		
15:00 - 15:30	Symposium Wrap-up		