

NOS - long form survey

Consent to participate in this survey

1. By participating in this survey, you indicate that:

You have read the preceding information;

Your participation in this survey is voluntary;

You consent to your responses being included in public reports; and

You are at least 14 years of age.

Do you wish to continue with this survey?

Yes

Organisation or individual?

2. Are you completing this survey on behalf of an organisation or as an interested individual?

On behalf of an organisation

Main role

3. What is your organisation's main role or interest in a national obesity strategy? You may select all that apply.

We are a health or medical organisation

Name of your organisation

4. Many people and organisations have a diverse range of views on what should be included in a national obesity strategy. To ensure transparency throughout the consultation process, it is important to consider these views in the context of any relevant interests.

As you are answering this survey on behalf of an organisation, please provide the name of your organisation in the space below.

This information is required.

Naturopaths and Herbalists Association of Australia

Organisation contact details

5. *Please provide a contact name and email address for your organisation so that we may contact you about this consultation process if required.*

Your contact details will only be used for the purpose of this consultation and will not be shared with any third parties. Once again, this information is required.

Contact name:

David Casteleijn

6. Contact email:

president@nhaa.org.au

Section 1. Proposed timeframe and scope for a national obesity strategy

7. Timeframe of a national obesity strategy

It is proposed that a national obesity strategy will guide action over the next 10 years – from 2020 to 2030.

Do you think this timeframe is too short, about right, or too long?

About right

Section 1. Proposed timeframe and scope for a national obesity strategy

8. To what extent do you agree or disagree with each of the following components in the proposed scope for a national obesity strategy?

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree	I'm not sure
The strategy should encourage government leadership for collaborative, whole-of-society action.				X		
The strategy should identify actions for Commonwealth and State and Territory governments.				X		
The strategy should identify actions that will involve non-government organisations and other community stakeholders.				X		
The strategy should identify actions that will involve the private sector.				X		
The strategy should focus on primary and secondary preventive actions that promote and support healthy eating, regular physical activity and a healthy weight for all.				X		
The strategy should <u>not</u> focus on tertiary prevention actions to treat overweight and obesity.		X				
The strategy should <u>not</u> focus on actions to manage and address underweight.				X		

Section 1. Proposed timeframe and scope for a national obesity strategy

9. Thinking specifically about the proposed scope for a national obesity strategy, is there anything you would change, add or remove?

Please provide your suggestions about the proposed scope in the space below.

Please note there are many opportunities to comment on specific strategies and ideas proposed to be included in the strategy throughout the survey.

Section 2. Proposed principles to guide a national obesity strategy

10. Please rate how important you think each of the following proposed principles are for guiding the development and implementation of a national obesity strategy.

	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure
People First - the strategy is person-centred, meaning it recognises the unique situations, experiences and strengths of individuals				X		
Equity - the strategy will promote equity, acknowledging some people and groups need additional supports to achieve good health				X		
Collective and Sustained Action - the strategy will promote partnerships and ongoing shared commitment from government and other key stakeholders				X		
Evidence-Based - the strategy will be informed by up-to-date evidence and promising or emerging strategies				X		
Sustainable Development - the strategy will align with the pillars of sustainable development: economic growth, social equity and environmental protection.				X		

Section 2. Proposed principles to guide a national obesity strategy

11. Thinking about the five proposed guiding principles, is there anything you would change, add or remove?

Please provide your comments in the space below.

Proposed Priority 1: Supporting children and families – starting early to support healthy weight throughout life

12. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

Remember that you can rate and comment on all of the ideas, or you can skip to the next section if you do not want to provide feedback on a particular area.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Provide healthy eating and drinking support and physical activity support for pre-conception and during pregnancy, including specific approaches for prospective parents who are, or at risk of becoming, overweight or obese during pregnancy				X			
Provide support for mothers to breastfeed and continue to breastfeed by implementing the National Breastfeeding Strategy				X			
Explore policy options to strengthen protection of infants and families from excess availability and marketing of breast milk substitutes			X				
Strengthen healthy eating and physical activity guidance and support for mothers and fathers after birth as they transition and adjust to their new roles as parents				X			
Provide guidance to parents, carers and families on appropriate healthy eating and physical activity for infants (e.g., appropriate introduction of solids, responsive feeding, portion size, screen time, motor skill development)				X			

Proposed Priority 1: Supporting children and families – starting early to support healthy weight throughout life

13. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Provide guidance to parents, carers and families on appropriate healthy eating and physical activity for children and young people (e.g., appropriate nutrition, portion size, screen time, sleep and regular physical activity)				X			
Support parents, carers and families to purchase, prepare and enjoy healthy food and drinks, whilst limiting unhealthy food and drinks.				X			
Encourage parents, carers and families of children and young people to use parks and recreation facilities, role model active transport and active living, be active with children (co-participation) and restrict screen time				X			
Develop fun peer and community activities that enable adolescents to engage in physical activity, including a focus on the role of fathers			X				
Encourage greater availability of healthy food and drinks, whilst also limiting unhealthy food and drinks, at sporting, recreation and community venues, facilities, clubs and events.			X				
Increase availability of, and equitable access to, appropriate programs that support weight management for children, young people and their families			X				

Proposed Priority 1: Supporting children and families – starting early to support healthy weight throughout life

14. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Enhance leadership, professional knowledge, relevant policies and practices, curriculum design and delivery aligned with national guidelines, and partnerships within and beyond the early childhood education and care and school community			X				
Establish partnerships to deliver programs where necessary (e.g., healthy breakfast programs, healthy school canteens and childcare menus, active play programs)			X				
Enable after-hours use of school facilities to expand available, accessible and affordable physical activity options and destinations for families and communities		X					
Support safe, active travel to and from early childhood education and care settings and schools through infrastructure and behaviour change programs in collaboration with local communities			X				
Investigate policy and community-led options to extend student retention in schools across the Australian compulsory education period, including focused strategies for Aboriginal and Torres Strait Islander children and children from other priority groups			X				

Proposed Priority 1: Supporting children and families – starting early to support healthy weight throughout life

15. Thinking about the strategies you just read for supporting children and families, are there any additional strategies or you think should be included to start early to support healthy weight throughout life?

Please provide your comments in the space below. The three proposed strategies are listed again below if you need to re-read these.

Naturopaths provide strong support for self responsibility as far as healthy eating options are concerned. An aspect of this support is helping our clients understand the interconnected nature of food and health..

Proposed Priority 2: Mobilising people and communities – using knowledge, strengths and

community connections to enable healthy weight

12. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Provide information, education and skill-building programs and initiatives aligned with Australian guidelines for healthy eating, physical activity and sedentary behaviour				X			
Develop and fund ongoing national mass media campaigns to shift expectations, beliefs and social norms, whilst minimising weight-related stigma			X				
Partner with Aboriginal and Torres Strait Islander people to develop and deliver culturally appropriate and safe social marketing and supporting programs			X				
Partner with culturally and linguistically diverse (CALD) groups to develop and deliver culturally appropriate and safe support programs for early migrants			X				
Partner with people with disability to develop and deliver initiatives to improve healthy eating and physical activity that are accessible and responsive		X					

Proposed Priority 2: Mobilising people and communities – using knowledge, strengths and community connections to enable healthy weight

13. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Invest in targeted community capacity building initiatives that activate leadership, drive innovation and support a collective impact approach to create health promoting community places and spaces		X					
Identify a diverse range of local leaders to 'champion' place-based healthy eating and physical activity initiatives and develop a supportive nationwide network and learning community			X				
Ensure local communities have access to health promoting sponsorship options for events and sport, and are empowered and informed to consider the impact of unhealthy sponsorship choices		X					

Proposed Priority 2: Mobilising people and communities – using knowledge, strengths and community connections to enable healthy weight

14. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Evidence-based weight management interventions, ensuring a range of delivery modes and accessibility for all, regardless of age, living location, cultural background and income				X			
Advocate for increased intensity of action for population groups experiencing higher levels of overweight and obesity, through effective co-designed behaviour change programs				X			
Support those experiencing weight stigma and discrimination and ensure all actions promote positive discussion of weight and prevent weight-related stigmatisation		X					

Proposed Priority 2: Mobilising people and communities – using knowledge, strengths and community connections to enable healthy weight

15. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Support better collaboration between sectors dealing with unemployment, social protection and health		X					
Develop labour and social policies that provide secure and decent work for all		X					
Raise incomes of the poorest groups to reflect the real cost of healthy living and increase access to improved living conditions and opportunities for healthy behaviours		X					
Provide professional development for clinicians to support the improvement of healthy eating and physical activity behaviours in their patient/clients			X				
Enable early identification of unhealthy weight gain (including modest weight gain) for patients/clients, with a focus on life course transition points often associated with weight gain and people from at-risk population groups			X				
Increase the availability of, and clarity of referral pathways to, evidence-based weight management treatments (including community-led programs)			X				

Proposed Priority 2: Mobilising people and communities – using knowledge, strengths and community connections to enable healthy weight

16. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Adopt best-practice breastfeeding policies and practices (e.g., workplace facilities, maternity leave, flexible work times to allow for breastfeeding)			X				
Adopt policies and practices that promote and prioritise physical activity, increase access to healthy food and drinks, and limit access to, or remove unhealthy food and drinks through catering, vending machines, cafes and canteens			X				
Design buildings that support and encourage healthy behaviours (e.g., stairs, kitchen facilities, end-of-trip facilities, storage, standing desks)			X				
Create physical environments, policies and programs that incentivise and support active travel to work			X				
Offer flexible work options to reduce travel time, freeing up time for meal planning/preparation and physical activity	X						
Offer or facilitate access to multi-component, non-discriminatory programs and information to support healthy eating, physical activity and healthy weight		X					

Proposed Priority 2: Mobilising people and communities – using knowledge, strengths and community connections to enable healthy weight

17. Thinking about the strategies you just read for mobilising people and communities, are there any additional strategies you think should be included to mobilise people and communities to use knowledge, strengths and community connections to enable healthy weight?

Please provide your comments in the space below. The five proposed strategies are listed again below if you need to re-read these.

Improve community and agency awareness of the role that naturopaths can play in health promotion.

Proposed Priority 3: Enabling active living – supporting a way of life that helps people move more throughout the day

Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Develop and maintain infrastructure that grows participation in sport, active recreation, walking, cycling and public transport use to encourage individuals and families to be active together							
Create a culture that promotes active travel through safe walking networks, drinking water stations and pedestrian prioritisation; cycling networks with reduced crash risk; storage and end-of-trip facilities; and efficient, accessible and regular public transport systems with strong connectivity and after-hours service							
Apply integrated urban (and regional) design and transport policy, regulations and guidelines to create built environments that prioritise active living for people of all ages and abilities							
Conserve and develop open spaces, green networks, recreation trails and ecologically diverse natural environments that enable active interaction with nature							
Make communities safe with people-friendly spaces that favour people over motorised transport, and crime prevention strategies, such as community policing techniques, peer-led outreach programs and lighting							
Ensure strategic infrastructure policies and plans prioritise investment in public transport, walking and cycling infrastructure							
Consider fiscal policies to reduce driving and increase active travel and the availability and quality of recreation and sport facilities and opportunities							

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

12. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Ensure planning and management policies for land and sea use safeguard food system resilience and productivity				X			
Develop innovative solutions to efficiently use natural resources, maximise biodiversity, minimise wastage, enable business growth and address climate change				X			
Ensure economic policies make production and manufacturing of healthy foods and drinks, such as fresh fruit and vegetables, attractive				X			

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

13. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Create easier access to healthy food and drinks in local residential communities through: urban agriculture (e.g., community garden initiatives and encouraging home gardens); urban design (e.g., density of fast food outlets and proximity to schools and community services; access to supermarkets and smaller food businesses); and other local community actions (e.g., local food markets, healthy food supply at community events)				X			
Encourage land use planning policies that protect high-quality agricultural land on the urban fringe and ensure that planning decisions achieve the policy intent				X			
Establish policies on food and drink procurement, catering, and provision across all government departments and settings to encourage healthy eating and drinking				X			

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

14. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Work in partnership with industry to establish and monitor reformulation targets for food and drink manufacturers, retailers and caterers				X			
Develop national targets to reduce serving sizes of unhealthy food and drinks in food service and retail settings, particularly for food and drink items designed for children				X			
Explore setting compositional limits for nutrients of concern (e.g., sodium, saturated fat, added sugar and/or energy content) across a range of food and drink types				X			
Reduce food waste during manufacturing and processing and eliminate unnecessary packaging				X			

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

15. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Encourage good quality, culturally appropriate, healthy food availability and affordability in stores, workplaces and institutions in rural and remote communities				X			
Investigate partnership arrangements with large supermarkets to offset the price of healthier food and drinks in communities experiencing disadvantage and small remote stores				X			
Celebrate cultural knowledge and diversity by using a self-determination approach to find the best solutions for reducing common barriers to healthy food and drink access, selection and preparation				X			
Build on existing housing initiatives to improve community and household food preparation and storage facilities				X			

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

16. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Reduce unhealthy food and drink marketing on publicly-owned or managed settings (e.g., public transport infrastructure)				X			
Explore options to reduce unhealthy food and drink advertising prominence in places frequently visited by large numbers of people, especially children (e.g., vending machines, supermarket checkouts and aisles, entertainment venues)				X			
Explore options to reduce unhealthy food and drink sponsorship and marketing associated with sport and major community events				X			
Restrict unhealthy food and drink advertising during peak television viewing times for children				X			
Restrict promotions using devices that appeal to children (e.g. toys, games)				X			
Partner with relevant industry stakeholders to introduce user controls that can limit exposure to digital advertising of unhealthy food and drinks				X			

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

17. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Continue to strengthen the uptake of the Health Star Rating system towards universal implementation and continue to consider options for the ongoing enhancement of the system			X				
Introduce front of pack nutrition warning labels for nutrients of concern (e.g., added sugar, sodium, saturated fats, alcohol, high energy content) to complement the Health Star Rating system				X			
Support multi-component interventions to improve nutrition information and increase accessibility and prominence of healthier options in supermarkets				X			
Adopt consistent national regulation on menu energy (kilojoule) labelling in businesses that sell ready-to-eat-food				X			
Consider adoption of sustainability indicators that provide clear consumer information on the environmental impacts of food and drink products				X			

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

18. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Subsidise healthy food and drinks (e.g., fruit, vegetables and water), potentially including transport subsidies to remote communities				X			
Consider emerging evidence and policy approaches that use price to reduce consumption of sugar-sweetened beverages and high sugar snacks					X		
Consider using price to reduce consumption of alcoholic beverages, potentially through a uniform volumetric tax and/or a floor price				X			
Restrict temporary price reductions (e.g., half-price, multi-buys) on unhealthy food and drink products					X		
Explore and consider options for incorporating the cost of obesity and greenhouse gas emissions into the price of food and drinks				X			

Proposed Priority 4: Building a healthier and more resilient food system – producing and promoting healthier food and drinks with little impact on the environment

19. Thinking about the specific strategies you just read for building a healthier and more resilient food system, are there any additional strategies or recommendations you think should be included to produce and promote healthier food and drinks with little impact on the environment?

These might include strategies that help people overcome specific challenges they encounter when making decisions about the food and drinks they consume.

Please provide your comments in the space below. The seven proposed strategies are listed again below if you need to re-read these.

Encourage the uptake of cooking classes to encourage self reliance and decrease reliance on processed and packaged foods

Section 3. Proposed priority areas and strategies for a national obesity strategy

12. Priority areas

Before we move on to the next section of the survey, do you have any other feedback about the four priority areas you have just read about?

- Supporting children and families – Starting early to support healthy weight throughout life
- Mobilising people and communities – Using knowledge, strengths and community connections to enable health weight
- Enabling active living – Supporting a way of life that helps people move throughout the day
- Building a healthier and resilient food system – Producing and promoting healthier food and drinks with little impact on the environment

Please provide your comments in the space below.

Proposed Enabler 1: Lead the way – collective commitment and action for obesity prevention and health equity across governments

13. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Implement strong governance systems to facilitate multiple efforts by many sectors			X				
Explore new collaborative ways of working with communities that create genuine partnerships, embed the right to self-determination and autonomy, co-develop solutions and elevate community voices to create change in their own communities				X			A core Naturopathic principle is to engage with the individual and other professionals to enhance self determination and reliance in good health decision making

Proposed Enabler 1: Lead the way – collective commitment and action for obesity prevention and health equity across governments

14. Are there any additional strategies you think should be included to enable strong national leadership and governance to foster partnerships for systems change to deliver better outcomes at the national, state/territory, regional and local levels?

Please provide your comments in the space below.

Proposed Enabler 2: Better use of data – sharing knowledge and data and using evidence to develop policies and programs and to make sure collective actions are effective

13. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Update Australian guidelines for healthy eating, physical activity and weight, ensuring they explicitly incorporate environmental sustainability, are based on the latest scientific evidence and are free from industry influence			X				
Conduct regular cross-sector monitoring and evaluation of a national obesity strategy to ensure accountability, continuous improvement and effectiveness of collective action, in consultation with national data agencies and data collection custodians			X				
Support research on obesity systems to grow the evidence base, reduce gaps in knowledge and assess promising approaches				X			
Co-develop evaluation and research approaches that align with community values to acknowledge the deep knowledge and experiences of people working to create change in their own communities and to ensure data sovereignty			X				
Co-develop evaluation and research approaches with Aboriginal and Torres Strait Islander people, utilising cultural and traditional knowledge			X				

Proposed Enabler 2: Better use of data – sharing knowledge and data and using evidence to develop policies and programs and to make sure collective actions are effective

Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Commit sustained funding to support data collection, shared data systems, enhanced sharing of effective and emerging initiatives, and regular population monitoring and surveillance of weight status and variables associated with overweight and obesity, including wider commercial, cultural and environmental determinants of obesity							
Boost participation rates in population monitoring and surveillance to ensure accurate and reliable statistics at sub-national levels and representativeness for at-risk population groups							
Investigate new data sources to supplement population monitoring and surveillance (e.g., supermarket transaction data, Google analytics)							
Use data to regularly update consumers, communities and stakeholders with independent, accurate and easily understood information							
Use data to build connections between communities and the health, social sciences and environmental disciplines							
Support a collaborative analysis of research on interventions and strategies (from systematic reviews, and primary and grey literature) addressing healthy eating, physical activity and obesity outcomes for Aboriginal and Torres Strait Islander people and other population groups experiencing higher levels of overweight and obesity							

Proposed Enabler 3: Build the workforce – support development of an engaged, empowered and skilled workforce that can better support individuals and influence community actions and environments

13. Please rate the extent to which you think each of the following proposed ideas is important for guiding action under this strategy.

You can use the comment boxes to provide any feedback you might have about each idea.

							Comments
	Not at all important	Slightly important	Moderately important	Very important	Extremely important	I'm not sure	
Strengthen the confidence and competence of primary health, allied health, and other health professionals to prevent unhealthy weight gain among patients; recognise and address overweight and obesity; and understand stigma, blame and the mental health implications of overweight and obesity				X			Recognising Naturopaths as an important member of the health promotion team will empower a significant portion of the community who consult them, considering healthy eating and lifestyle discussions are central to the education a Naturopath receives during their degree qualification.
Increase health workforce understanding of equity and social justice, and cultural and language competency to respond to the diverse needs of the Australian community			X				
Support the continued growth and development of the Aboriginal and Torres Strait Islander workforce			X				
Embed health promotion and equity into vocational and tertiary training for essential supporting sectors				X			

Proposed Enabler 3: Build the workforce – support development of an engaged, empowered and skilled workforce that can better support individuals and influence community actions and environments

14. Are there any additional strategies you think should be included to develop an engaged, empowered and skilled workforce that can better support individuals and influence community actions and environments?

Please provide your comments in the space below.

Recognising Naturopaths as an important member of the health promotion team will empower a significant portion of the community who consult them, considering healthy eating and lifestyle discussions are central to the education a Naturopath receives during their degree qualification.

Proposed governance arrangements for a national obesity strategy

13. Do you have any feedback about the proposed governance arrangements for a national obesity strategy?

Please provide your comments in the space below.

We support the proposed governance arrangements and suggest that inclusion of a representative/s from naturopathy would be a positive factor in strategy implementation. May we suggest reaching out to the Australia Naturopathic Council <https://www.naturopathiccouncil.org.au/>

Proposed implementation for a national obesity strategy

14. Do you have any feedback about the proposed implementation for a national obesity strategy?

Please provide your comments in the space below.

The valuable contribution that naturopathic clinicians could make to implementation should be recognised and utilised.

Proposed monitoring, evaluation and reporting process for a national obesity strategy

15. Do you have any feedback about how the strategy should be monitored, evaluated and reported?

Please provide your comments in the space below.

Targets for a national obesity strategy

16. Do you think targets are needed for the strategy? If so, what should they be?

Please provide your comments in the space below.

Title for a national obesity strategy

17. Do you have any suggestions for what a national obesity strategy could be called?

Please provide your comments in the space below.

Final comments about a national obesity strategy

18. Lastly, do you have any final comments or ideas regarding the proposed national obesity strategy?

It is important to broaden the understanding of Health Professional who is equipped to contribute to this strategy. Especially Naturopaths who focus their treatments on understanding and supporting the whole person and educating the patient to understand the benefit of a wholesome and nutritious diet combined with moderate exercise to maintain a healthy weight. Additionally, Naturopaths consider the range of factors which could be impacting a persons weight, such as chronic stress, anxiety and depression. Education around these factors are central to Naturopathic practice and plays a role in the long term health improvement an maintenance of their clients and the population more broadly. We suggest contacting the Australia Naturopathic Council <https://www.naturopathiccouncil.org.au/> for ongoing input and collaboration.

Section 7. Questions about you

19. In which state or territory is your organisation or business located?

Australia wide

Section 7. Questions about you

20. How would you best describe the location of your organisation or business?

A capital city

(untitled)

21. Would you like a copy of your survey responses to be sent to the email address you provided at the beginning of the survey?

Yes